



MANONMANIAM SUNDARANAR UNIVERSITY

Reaccredited with 'A' Grade (CGPA 3.13 Out of 4.0) by NAAC (3rd Cycle)
Tirunelveli - 627012, Tamilnadu, India

Dr.S.ARUMUGAM, B.Sc., M.Sc. (Yoga), M.P.Ed., M.Phil., Ph.D., D.S.C. (Football – N.I.S.), C.Y.H.E.

Assistant Professor (17 years) - Department of Physical Education and Sports

DIRECTOR (4 years) – Centre for Physical Education

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I. Academic Details		II. Research Profile	
Area of Specialization	Sports Training, Sports Biomechanics, Football, Athletics & Yoga	Research Publications	
Research Experience	17 years	Publications	No. of Publications - 218
Teaching experience	20 years	UGC CARE -1 Journal	14
Coach Experience	03 Years		
Ph.D. Guidance	Awarded: 09 nos.	UGC CARE -2 Journal	24
	On-going: 02 nos.	Peer Reviewed Refereed Journal	79
	Submitted: 02		
M.Phil Guidance	Dissertation Guided: 16 nos.	Conference/ Seminar - Proceeding	92
M.P.Ed. Guidance	Thesis Guided : 86 nos.		
Sports/other Programme(s)	Organized : 102 nos.	Book Published	09
Workshops(s)	Participated : 48 nos.	III. Personal Details	
	Organised : 13 nos.	Date of Birth	06.06.1975
Seminar/ Conference	Paper presented : 51 nos.	Email Id	draru1975@gmail.com
Training Courses	Participated : 18 nos.	Contact No.	9489233679
Resource person/ Chaired/ Co-Chaired	Honoured : 43 nos.	Con./ Sem. Attended	5 nos.
Abroad Visited	Malaysia, Singapore and Thailand		
Editorial Board	1. Out Reach International Multi-Disciplinary Journal 2. JETIR 3. IJYPPE 4. IJPHPE 5. IJPEES	Work Experience 1. Working as Assistant Professor for 17years at the Department of Physical Education and Sports, M.S. University 2. Served as Lecturer for 3 years at the Department of Physical Education, Health Education and Sports, The M.D.T. Hindu College 3. Served as District Football Coach for 3 years at Sports Development Authority of Tamilnadu (SDAT), Tirunelveli District Professional Qualifications: 1. N.I.S. Qualified Football Coach 2. Qualified Asian Football Confederation (AFC) 'B' Licence Coach (International Licenced coach) 3. Passed UGC – NET Exam 4. Passed TN- SLET Exam 5. Football Form-III – 3 Times Member Alagappa University Football Team and The team one time entered All India Inter-university Football Championship with my captaincy. 6. State Football Referee 7. Qualified State Handball Referee 8. Tamilnadu State Kho-Kho Referee 9. Qualified Tamilnadu Athletic Association State Technical Official (STO) 10. Qualified Yoga Kayakalpa Trainer 11. Additionally Degree completed M.Sc. in Yoga for human excellence 12. Completed Certificate in Yoga for Human excellence	
Membership in Professional Bodies	1. Life Member – SPAI 2. Life Member – IFCSS 3. Life Member – IFPEFSSA 4. Life Member – IASI 5. Professional Member - IYA		
Awards/Recognition	<ul style="list-style-type: none"> Award of Excellence for the Promotion of Football in Tirunelveli District Best Teacher Award – Award of YUVASHREE in the recognition of achievement in the field of Sports Award of Excellence for the Promotion of Research in Physical Education and Sports Sciences in Republic of India Best Physical Trainer Award 2022 Award of YUVA BHARATHI Kala Bhushan of Sports Education Award International Achievers Award 2024 Sardar Patel National Award 2024 Aram Academic Excellence Award 2024 		